

Station View Medical Centre

Patient Newsletter – September 2018

www.stationviewmedicalcentre.co.uk

Flu Vaccinations

All children aged 2 – 3 years old (born between 1st September 2014 and 31st August 2016) will be offered the flu vaccination.

Children who turn two after the 31st August 2018 are not eligible.

Children who were three on 31st August 2018 and turn four afterwards, are still eligible.

Clinical risk categories should also receive the influenza immunisation these categories are patients with the following:-

- Chronic respiratory disease
- Chronic heart disease
- Chronic kidney disease
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Immunosuppression
- Asplenia or dysfunction of the spleen
- Pregnant women
- Patients whose BMI > 40
- All patients over the age of 65.

Bowel Cancer Screening Saves Lives

Freephone

0800 7076060

The test can detect invisible early signs of bowel cancer. Taking part is easier than you think.

If you've been invited to take part and need more information or a new test kit please contact the helpline.

The NHS Bowel Cancer Screening Programme offers screening every two years to all men and women aged 60 – 74, who are registered with a GP. You will automatically receive a test kit in the post with instructions. If you are over 74 you can still take part and request your free test kit.



Cervical Screening

All eligible women and with a cervix retained after surgery should have the opportunity to attend cervical screening.

Join Jo's Trust campaign to make that happen at www.jostrust.org.uk

We know attending is not always easy and some people find it difficult for many reasons. From feeling unsure or anxious, or not understanding why it is important, we want every woman to know where they can find support and tips.

Cervical screening prevents 75% of cervical cancers from developing yet one in four women don't attend. You can help us change this!

Please book an appointment today.

#SmearTestsSaveLives

Rebecca Oliver has joined us here at Station View Medical Centre. She is a qualified doctor in her second year of generalist training

All of the staff would like to welcome her.

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Care Navigation offers individuals choice by providing information to help them move through health and social care services and access the support that is right for them. This will help patients to see the right person, to provide the right care, in the right place, at the right time as efficiently as possible.

How does it work?

- These receptionists will have been specifically trained to provide Care Navigation locally
- The receptionists will ask for a brief outline of why you're contacting them and will be able to offer potential choices regarding appropriate services
- This is not clinical advice or triage
- But it's your choice, you can still request to see your GP if you wish

You can find out more about Care Navigation in County Durham at:

www.durhamdaleseasington.sedgefieldccg.nhs.uk/what-we-do/care-navigation

Test Results

If you have been asked by your doctor to ring for results of investigations please call between 14:00 - 16:00 for your results.

Our receptions can only advise you of the comments made by your doctor but cannot interpret the results.

Future Training Dates



The surgery will be closed on the following afternoons from 12.30 pm for essential staff training.

Wednesday 26th September 2018

Wednesday 17th October 2018

Wednesday 21st November 2018

Thursday 13th December 2018

If you need to see or speak to a doctor during these sessions please dial 111 for advice or if urgent dial 999 for an emergency.

Changes of Personal Details

As soon as you change your address or telephone/mobile number please can you update us here at the surgery, so that we can continue to communicate with you effectively?

Patient Confidentiality & Privacy

We would like to stress the importance we place on the privacy of information between our patients, visitors and staff. Out of courtesy please give enough space between the people in front of you in the queue at the reception desk so that conversations with the receptionist remain private.

The reception area can become busy, especially at peak times and when the receptionists are held up by telephone calls, therefore to avoid queues please try whenever possible to use the self-check screen. If you still need to speak with the receptionist please be patient and they will see to you as soon as possible.